

Summary Table for East Central District Health Department 2012

Indicators	Overall						Men						Women					
	LHD			State			LHD			State			LHD			State		
	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %	%	L %	U %
General Health Status																		
Fair or poor health	16.1	12.5	19.6	14.4	13.7	15.1	15.9	10.8	21.1	14.6	13.5	15.7	16.2	11.2	21.1	14.3	13.4	15.2
Health Care Access																		
No health care coverage, 18-64 years old	23.8	17.9	29.7	18.0	17.0	19.0	22.3	14.1	30.6	20.3	18.8	21.8	25.3	17.0	33.7	15.7	14.4	16.9
No personal health care provider	14.0	9.9	18.2	17.2	16.4	18.1	19.0	12.0	26.0	23.7	22.3	25.0	9.1	5.1	13.1	11.0	10.1	11.9
Could not see a doctor in past year due to cost	13.7	9.7	17.7	12.8	12.0	13.5	14.4	7.8	20.9	11.1	10.0	12.1	13.0	8.3	17.6	14.4	13.4	15.5
Chronic Disease																		
Ever told they have heart disease	6.3	4.4	8.3	6.0	5.5	6.4	8.7	5.2	12.2	7.6	6.9	8.3	4.0	2.2	5.8	4.4	4.0	4.9
Ever told they had a stroke	2.7	1.4	4.0	2.4	2.2	2.7	3.4	1.1	5.6	2.7	2.2	3.1	2.0	0.6	3.3	2.2	1.9	2.5
Ever told they have diabetes	7.8	5.7	9.9	8.1	7.6	8.6	9.2	5.9	12.4	8.3	7.6	9.1	6.4	3.7	9.0	7.9	7.2	8.5
Ever told they have cancer	12.0	9.3	14.7	10.8	10.3	11.4	11.2	7.5	14.9	9.6	8.9	10.4	12.8	9.0	16.7	11.9	11.2	12.7
Ever told they have COPD	4.8	2.9	6.7	5.3	4.9	5.8	4.4	1.8	7.0	4.7	4.1	5.2	5.2	2.3	8.1	6.0	5.4	6.6
Overweight and Obesity																		
Obese (BMI=30+)	30.3	25.5	35.2	28.6	27.7	29.6	31.4	24.2	38.6	29.2	27.8	30.6	29.2	22.8	35.6	28.1	26.8	29.3
Overweight or Obese (BMI=25+)	66.4	61.4	71.4	65.0	64.0	66.0	75.2	68.2	82.2	72.3	70.8	73.7	56.9	50.1	63.7	57.6	56.2	59.0
High Risk Behavior																		
No leisure-time physical activity in past 30 days	21.8	18.0	25.7	21.0	20.2	21.9	24.7	18.6	30.8	20.4	19.2	21.6	19.0	14.3	23.6	21.6	20.5	22.7
Current smoker	17.7	13.6	21.8	19.7	18.8	20.6	21.9	15.3	28.6	21.4	20.1	22.7	13.6	8.8	18.3	18.1	17.0	19.2
Currently use smokeless tobacco	3.8	2.0	5.7	5.1	4.6	5.6	6.2	2.8	9.6	9.5	8.6	10.5	1.5	0.0	3.1	0.8	0.5	1.1
Binge drank in past 30 days	25.2	20.6	29.7	22.1	21.2	23.0	33.5	26.2	40.8	29.1	27.6	30.5	17.0	11.8	22.2	15.5	14.4	16.6
Alcohol impaired driving in past 30 days	4.8	2.5	7.2	3.4	3.1	3.8	8.7	4.2	13.3	5.5	4.8	6.2	1.0	0.0	2.1	1.4	1.1	1.7
Always wear seatbelt when driving or riding in car	62.0	57.0	67.0	69.7	68.7	70.6	53.4	45.6	61.1	61.7	60.3	63.2	70.7	64.4	76.9	77.3	76.1	78.4
Mental Health																		
Ever told they have depression	13.0	9.9	16.2	16.7	16.0	17.5	8.6	5.0	12.3	12.4	11.4	13.4	17.5	12.5	22.5	20.9	19.8	22.1
Cancer Screening																		
Up-to-date on colon cancer screening, 50-75 year olds	56.5	50.1	62.8	61.1	59.7	62.6	54.4	45.2	63.5	58.4	56.2	60.7	59.3	50.9	67.7	63.6	61.8	65.4
Up-to-date on breast cancer screening, females 50-74 year olds	-	-	-	-	-	-	-	-	-	-	-	-	72.3	63.5	81.2	69.9	68.1	71.7
Up-to-date on cervical cancer screening, females 21-65 year olds	-	-	-	-	-	-	-	-	-	-	-	-	83.0	77.8	88.2	83.1	82.0	84.2
Immunization																		
Had a flu vaccination in past 12 months	41.3	36.6	46.1	42.2	41.2	43.2	32.9	26.3	39.6	36.8	35.4	38.2	49.7	43.0	56.4	47.5	46.1	48.8
Oral Health																		
Visited a dentist for any reason in past 12 months	61.2	56.1	66.3	67.6	66.6	68.6	56.3	48.5	64.0	64.2	62.7	65.6	66.2	59.7	72.7	70.9	69.7	72.1

Note: % is weighted by health district, gender, and age; L% and U% are the lower and upper limits for the 95% confidence interval, respectively.

LHD=local/district health department; BMI=body mass index